

Feng Shui for Late Fall

Adjustments for the Joy, Descendants and Completion area

By Michele Duffy



Silver pumpkins and orange or "earth" silk flowers activate metal in this Lafayette home. Photos provided

Walking around Lamorinda I am always delighted by the clever fall displays of pumpkins, gourds, and fall wreaths. There is a truly clever witch display in Orinda, with said witch, driving her broom straight into a tree. Sweet. With days getting shorter and with the challenges shorter days present, such as living with less natural light, celebrating with all of our children and family around balances out the fall and winter seasons perfectly.

Understanding space as medicine can help you fill your environment with joyfulness, and create happy and healthy communications and energy or Qi.

The Feng Shui Bagua area of joy, descendants and completion is located from your front entrance to the middle right of your home. This area is ruled by metal, so you should minimize fire and wood elements in this area. Great colors to incorporate into your seasonal

décor include white, gray, silver, gold and metallic, plus the earth element also works strategically well here too, with orange, yellow and brown as accents.

This area is often misunderstood. We activate this area to enhance the childlike fearlessness we need to harness when completing all of the tasks ahead, and the resultant joy we feel when loose ends are buttoned up by our efforts. This is also the area we adjust and activate in homes if children are not doing well for whatever reason, for example, if they are struggling in school or perhaps not stepping into age-appropriate activities.

This metal element bagua area also governs things like conceiving and bearing children, finding fulfillment with a hobby or job, having more creative ideas for every situation, getting unstuck on a project, improving your relationship with children, becoming more comfortable showing the childlike side of your personality,

making "something out of nothing," creating efficiency in a company, or even deterring the aging process.

So in addition to buying those expensive wrinkle creams, try spending a moment in the middle right area of your home and listen to what it is saying to you. What is physically located in this area? Are you able to finish your projects? Are all of your children thriving? A pile of laundry, messy shelves or closets, or a bathroom located in this area can clog or drain positive Qi. Many common energetic culprits are easily adjusted and improved using feng shui or space as medicine.

Are the plants we have placed unknowingly in this area, not doing well or not growing as vibrantly as they might elsewhere? In this metal area, the wood element does not fare well, so minimize it and use instead a single silk orchid.

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Minimize the wood element in this middle right area to protect plants.